

## SINGLE-SORT RECYCLING

### Is this recycling system better for the environment?

**YES!** Instead of separating recyclables by type, simply combine all glass, metal, paper, cardboard, and plastics into one recycling container. *And now, all plastics #1 through 7 are included, too!*

**Just put all your recyclables in one CLEAR OR SEMI-TRANSPARENT** bag and all your trash in another. It couldn't be easier. Every ton recycled is one less ton in the waste stream, and national statistics show that single-sort recycling systems result in more recycling because it's **simple** and no sorting.

For every pound of waste you recycle, the town saves on the disposal fee (.29 a ton) and depending upon the markets, even makes money selling the recyclables.



### NOT Included In Single-Sort

These items should not be mixed in with your recyclables but can be disposed of at the Transfer Station. Please see attendant (s) for assistance.

Button-cell Batteries  
Rechargeable Batteries  
CFL Light Bulbs  
Florescent Bulbs of Any Kind

### Where can Hazardous Waste be disposed?

By Law, **Hazardous Waste** Requires Special Handling and Disposal.

Items categorized as "hazardous waste" must be disposed of carefully and cannot be included with your trash or with single-sort recycling.

Hazardous Waste Includes Items Such As:

Ammunition      Fuel      Anti-freeze      Oxygen Tanks  
Chemicals      Fertilizers      Paint thinner      Pesticides  
Mercury (in any amount)

*Poland Residents can dispose of their Household Hazardous Waste at the Lewiston Solid Waste Facility on the 1st & 3rd Saturdays of the month from 8AM - NOON*

## SINGLE-SORT RECYCLING QUICK GUIDE



### DO RECYCLE

**PAPER, PLASTIC, METAL,  
AND GLASS CAN ALL BE MIXED  
TOGETHER.**

#### PAPER

Newspapers & Inserts  
Magazines  
Mail & Catalogs  
Paper Bags  
Office Paper & Envelopes  
File Folders  
Wrapping Paper  
Phone Books  
Hard Cover Books  
Paper Plates  
Milk & Juice Cartons  
Drink Boxes & Aseptic Containers  
Cardboard Boxes  
Cereal Boxes  
Gift Boxes  
Pizza Boxes

#### PLASTIC

Water Bottles  
Milk Jugs  
Detergent Bottles  
All containers marked with a #1-#7 **Not bigger than a 5 gallon pail** (No Styrofoam)  
Plastic Grocery/ Shopping Bags marked with a #2 or #4

#### METAL

Tin Cans  
Aerosol Cans (empty)  
Aluminum Cans/Foil  
Pots & Pans

#### GLASS

All glass Bottles & Jars (all colors)  
**ALL CONTAINERS SHOULD BE EMPTY.**



### DON'T RECYCLE

Batteries, alkaline  
Bubble-wrap  
Clothing & shoes  
Diapers  
Envelopes that are plastic or Tyvek®  
Food (but you can compost it!)  
**Hazardous Waste \***  
Kitty litter  
Knives  
Light bulbs, incandescent (trash), compact fluorescent  
light bulbs (return to store)  
Needles & sharp objects  
Paper napkins  
Paper towels  
Plastic bags:  
    bread bags  
    frozen vegetable  
    snack/sandwich  
    trash bags  
Plastic wrap or film  
Potato chip bags  
Propane cylinders  
Ribbon & bows  
Styrofoam® or polystyrene foam (even if marked #6)  
Toys  
Trash/waste  
Vinyl (siding, bumper stickers, etc.)  
Waxed boxes & paper  
Wood

**\* See additional information in this brochure.**

*Every pound you recycle reduces the town's disposal bill.*

## WHAT IS COMPOSTING?

*What about food? We know food isn't recyclable, so what can you do with this garbage?*

Food can be included with non-recyclable trash. But keep in mind that leftover food items weigh a lot more than most other items in your trash and that the Town pays its fee based on weight. We ask everyone to seriously consider composting. It isn't difficult or expensive and it doesn't have to have an odor, either.

**ecomaine** can give you information to help you get started. Go to:

[www.ecomaine.org](http://www.ecomaine.org) or give them a call at 773-1738

**ecomaine**  
the future of regional waste systems

