## SECTION 6. POPULATION \& DEMOGRAPHICS

## Population Part 1: Background, Trends, and Analysis

* Population increased 78\% over the 1970's but in following decades the increases have been slowing with a 10\% increase from 2000-2010, and an estimated 5\% increase from 2010-2019.
* Population increase is now almost equally caused by in-migration (people moving into Poland) as it is due to natural increase (more births than deaths). Both in-migration and natural increase have decreased in the last decade.
* As population increased, the average household size has decreased and more adults are living alone including those over the age of 65, requiring more housing units to house the same number of people.


## INTRODUCTION

Population trends and characteristics are a product of several factors. They include local and regional employment opportunities, the availability of housing in varying price ranges, the community's natural and social attributes and family ties. By looking at population characteristics, trends and forecasts, Poland can be prepared for population change, anticipate future demands for community services and land use changes.

Population and Household Characteristics: 1990-2018

| General Population Characteristics | $\mathbf{1 9 9 0}$ | $\mathbf{2 0 0 0}$ | $\mathbf{2 0 1 0}$ | $\mathbf{2 0 1 8}$ <br> estimated |
| :--- | :---: | :---: | :---: | :---: |
| Total Population | 4,342 | 4,866 | 5,376 | 5,552 |
| Male Population | 2,246 | 2,467 | 2,690 | 2,853 |
| Female Population | 2,096 | 2,399 | 2,686 | 2,699 |
| Median Age | 33.0 | 38.5 | 43.4 | 46.0 |
| Total Households | 1,515 | 1,845 | 2,140 | 2,315 |
| Family* Households | 1,229 | 1,437 | 1,581 | 1,508 |
| Married Couple Family Households | 1,059 | 1,196 | 1,275 | 1,272 |
| Nonfamily Households | 286 | 408 | 559 | 807 |
| Nonfamily Households Living Alone | 220 | 297 | 396 | 506 |
|  |  |  |  |  |

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| Households with children (under 18) | 624 | 693 | 674 | 548 |
| :--- | :---: | :---: | :---: | :---: |
| Single-Person Household 65 years + | 79 | 103 | 137 | 245 |
| Average Household Size | 2.80 | 2.63 | 2.49 | 2.40 |

Source: 1990, 2000, 2010 Census and 2018 American Community Survey
*Family is defined aa a group of two people or more related by birth, marriage, or adoption and residing together.

## POPULATION TRENDS

The resident population of Poland grew from 2,015 in 1970 to 5,376 in 2010 - a $167 \%$ increase. Over that period, the decade of the 1970's saw the greatest increase in population, at 78\%. The 80's, 90's and 2000's had $21 \%, 12 \%$ and $10 \%$ increases respectively and it is estimated that the 10 's had a $5 \%$ increase. The population growth in Poland has been similar to other fast growing communities in the region, with only Raymond, Otisfield, Casco, and Minot seeing similar increases over $100 \%$ between 1970-2010. Many of these communities saw their bigger increases in earlier decades like Poland. In 2000-2010, Casco grew $8 \%$, Otisfield grew $2 \%$, and Raymond grew $3 \%$ while Minot grew $16 \%$ and New Gloucester grew by $15 \%$.

Past projections and those included in the last Comprehensive Plan for 2004-2020 anticipated the fast growth of the 1990's and early 2000's would continue, but the population increase for Poland was much more modest than projected.

Projections for 2019 show a declining growth regionally for the period 2010-2019 with Otisfield, Raymond and Minot all growing at less than $2 \%$, and Casco and New Gloucester growing similar to Poland both at 5\%. Androscoggin County's growth slowed to just under 4\% from 2000-2010 and was projected to have been less than one percent from 2010-2019.

Recent anecdotal evidence (2019-2020 real estate market) shows a tight housing market made tighter with housing in other counties, primarily Cumberland and York, becoming extreme in its unaffordability for many residents. Towns in Androscoggin County are among those being sought as more affordable alternatives by buyers. The region is also seeing a greater in-migration from those living outside of Maine related to Covid-19 and greater remote work opportunities. It is too soon to tell how much the demand for existing housing will spill into the construction of new homes and whether that will have a significant population increase in the region and Poland.

## Regional Population Change: 1970 - 2019 (estimated)

| Town | 1970 | 1980 | 1990 | 2000 | 2010 | \% Change <br> 1970-2010 | 2019 <br> Estimated |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Poland | $\mathbf{2 , 0 1 5}$ | $\mathbf{3 , 5 7 8}$ <br> $78 \%$ <br> increase | $\mathbf{4 , 3 4 2}$ <br> $21 \%$ <br> increase | $\mathbf{4 , 8 6 6}$ <br> $12 \%$ <br> increase | $\mathbf{5 , 3 7 6}$ <br> $10 \%$ <br> increase | $\mathbf{1 6 7 \%}$ | $5 \%$ 54crease |
| Auburn | 24,151 | 23,128 | 24,309 | 23,203 | 23,055 | $4.5 \%$ | 23,414 |
| easco | 1,256 | 2,243 | 3,018 | 3,469 | 3,742 | $198 \%$ | 3,928 |

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| Mech. Falls | 2,193 | 2,616 | 2,919 | 3,138 | 3,031 | 38\% | 2,979 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Minot | 920 | 1,630 | 1,160 | 2,250 | 2,610 | 184\% | 2,586 |
| New Gloucester | 2,811 | 3,180 | 3,916 | 4,803 | 5,542 | 97\% | 5,812 |
| Otisfield | 589 | 897 | 1,136 | 1,560 | 1,770 | 201\% | 1,806 |
| Oxford | 1,892 | 3,143 | 3,705 | 3,960 | 4,110 | 117\% | 4,096 |
| Raymond | 1,328 | 2,251 | 3,311 | 4,299 | 4,436 | 234\% | 4,523 |
| Andro. Co. | 91,279 | 99,657 | 105,259 | 103,793 | 107,702 | 18\% | 108,277 |
| Oxford Co. | 43,457 | 48,968 | 52,602 | 54,755 | 57,833 | 33\% | 57,975 |

Source: U.S. Census. The 2019 data is an estimated population based on the American Community Survey which is less accurate than the decennial census.

Population change as the result of people moving into Poland is in-migration, whereas natural increase in population is derived from the number of births minus the number of deaths over a specific period. From 2011-2019 the natural increase in population has averaged thirteen per year; 55 births per year and 42 deaths. If the 2019 estimated population is correct, this indicates that people moving into Poland have accounted for at bit more than half of the population increase ( $56 \%$ ) over the past 10 years, while natural increase accounts for a bit less than half (44\%) of the increase. In prior decades, in-migration was a greater factor in growth than was natural increase.

Births and Deaths: 2011-2019

| Year | Births | Deaths | Natural <br> Increase |
| :---: | :---: | :---: | :---: |
| 2011 | 52 | 47 | 5 |
| 2012 | 51 | 35 | 16 |
| 2013 | 50 | 35 | 15 |
| 2014 | 58 | 48 | 10 |
| 2015 | 65 | 45 | 20 |
| 2016 | 50 | 39 | 11 |
| 2017 | 61 | 38 | 23 |
| 2018 | 56 | 47 | 9 |
| 2019 | 53 | 43 | 10 |
| Total | 496 | 377 | $\mathbf{1 1 9}$ |

Source: State of Maine Division of Public Health Systems \& Town of Poland

## AGE DISTRIBUTION

Based on available US Census information, Poland's total population in 2010 was older than

Androscoggin County and the State. The median age of Poland residents is increasing. The below chart shows age trends - which age groups are gaining, which are losing. Since the overall population increased by $24 \%$, any age group gaining more than $24 \%$ is on the increase; those gaining less are shrinking.

Age Distribution: 1990-2010

| Age Group | $1990 \%$ <br> of total | 2000 <br> $\%$ of total | 2010 <br> $\%$ of total | 20 year <br> change |
| :--- | :---: | :---: | :---: | :---: |
| Population | 4,333 | 4,866 | 5,376 | 1,043 <br> $24.1 \%$ |
| Median Age | 33.0 | 38.5 | 43.4 | 10.4 <br> $31.5 \%$ |
| Under 5 years old | 324 | 284 | 276 | -48 <br> $14.8 \%$ |
| $5-14$ years old | 705 | 718 | 682 | -23 <br> $3.3 \%$ |
| $15-19$ years and older | 375 | 344 | 347 | $-28-$ <br> $7.5 \%$ |
| $20-24$ years old | 244 | 161 | 199 | -45 <br> $18.4 \%$ |
| $25-44$ years old | 1,540 | 1,536 | 1,333 | -207 <br> $-13.4 \%$ |
| $45-54$ years old | 438 | 843 | 1,038 | 600 <br> $137 \%$ |
| $55-59$ years old | 216 | 292 | 461 | 245 <br> $113.4 \%$ |
| $60-64$ years old | 139 | 201 | 382 | 243 <br> $174.8 \%$ |
| 65 years and older | 348 | 487 | 658 | 310 <br> $89.1 \%$ |

Source: U.S. Census

Age Distribution Comparison: 2010

|  | Poland | Androscoggin <br> County | State of <br> Maine | United States |
| :--- | :--- | :--- | :--- | :--- |
| Under 5 | $5.1 \%$ | $6.4 \%$ | $5.2 \%$ | $6.5 \%$ |
| $5-17$ | $17.1 \%$ | $16.2 \%$ | $15.5 \%$ | $17.4 \%$ |
| $18-24$ | $5.7 \%$ | $9.3 \%$ | $8.7 \%$ | $9.9 \%$ |
| $25-44$ | $24.8 \%$ | $25.4 \%$ | $23.8 \%$ | $26.6 \%$ |

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| $45-64$ | $35 \%$ | $28.6 \%$ | $31 \%$ | $26.4 \%$ |
| :--- | :--- | :--- | :--- | :--- |
| $65+$ | $12.3 \%$ | $14 \%$ | $15.9 \%$ | $13 \%$ |
| Median Age | 43.4 | 39.8 | 42.7 | 37.2 |
| Source: U.S. Census |  |  |  |  |

## EDUCATIONAL ATTAINMENT

According to the 2018 American Community Survey, a greater percentage of Poland's 25 and older population has completed high school and some college. This level of education is likely reflected in the higher median household income of those that live in Poland.

Educational Attainment (Persons 25 years and older): 2018 estimate

| Educational Attainment | Poland | Androscoggin County |
| :--- | :--- | :--- |
| No diploma | $5.3 \%$ | $9.7 \%$ |
| High School Graduate or | $47.0 \%$ | $36.5 \%$ |
| Some college, no degree | $25.8 \%$ | $20.6 \%$ |
| Associate Degree | $9.3 \%$ | $10.9 \%$ |
| Bachelor's Degree | $9.9 \%$ | $14.8 \%$ |
| Graduate or Professional | $2.7 \%$ | $7.4 \%$ |

Source: American Community Survey Estimate

## OCCUPATION OF RESIDENTS

## Employment and Occupation: 2018

| Occupation | Poland |  | Androscoggin County |  |
| :--- | :---: | :---: | :---: | :---: |
|  | \# of Workers | \% of Total | \# of Workers | \% of Total |
| Civilian employed persons 16 <br> years and over | 2,959 |  | 54,039 |  |
| Management, business, science, <br> and arts | 769 | $26 \%$ | 18,309 | $33.8 \%$ |
| Service occupations | 529 | $17.9 \%$ | 10,370 | $19.2 \%$ |
| Sales and office occupations | 726 | $24.5 \%$ | 12,260 | $22.7 \%$ |
| Natural resources, construction, <br> and maintenance | 409 | $13.8 \%$ | 5,049 | $9.3 \%$ |
| Production, transportation, and <br> material moving | 526 | $17.8 \%$ | 8,051 | $14.9 \%$ |

Employment by Industry: 2019

| Industry | Poland |  | Androscoggin Co. |
| :---: | :---: | :---: | :---: |
|  | \# of Workers | \% of Total | $\%$ of Total <br> (data not available for |
| Civilian employed population 16 years and over | 3,108 |  | 56,964 |
| Agriculture, forestry, fishing and hunting, and mining | 95 | 3.1\% | 1.4\% |
| Construction | 195 | 6.3\% | 7.8\% |
| Manufacturing | 286 | 9.2\% | 10.2\% |
| Wholesale trade | 79 | 2.5\% | 3.0\% |
| Retail trade | 192 | 6.2\% | 12.7\% |
| Transportation and warehousing, and utilities | 234 | 7.5\% | 3.8\% |
| Information | 24 | 0.8\% | 1.8\% |
| Finance and insurance, and real estate and rental and | 208 | 6.7\% | 7.3\% |
| Professional, scientific, and management, and | 193 | 6.2\% | 9.1\% |
| Educational services, and health care and social | 921 | 29.6\% | 27.2\% |
| Arts, entertainment, and recreation, and | 233 | 7.5\% | 7.1\% |
| Other services, except public administration | 126 | 4.1\% | 4.8\% |
| Public administration | 322 | 10.4\% | 3.9\% |

Source: 2019 American Community Survey

## INCOME

Poland's 2018 median household income was above that of Androscoggin County and the state. In 2018 the largest number of households ( $27 \%$ ) was in the $\$ 50,000$ to $\$ 74,999$ income bracket. This is likely the reflection of two worker households. Roughly two and a half percent of families in Poland had incomes in 2018 that were below the poverty level.

General Income Data: 2018 estimate

|  | Androscoggin <br> 2000 | Androscoggin <br> 2018 | Poland 2000 | Poland 2018 |
| :---: | :---: | :---: | :---: | :---: |
| Per capita income | $\$ 18,734$ | $\$ 27,231$ | $\$ 22,346$ | $\$ 29,065$ |
| Median household income | $\$ 35,793$ | $\$ 51,412$ | $\$ 47,824$ | $\$ 63,750$ |
| Female full-time median <br> earnings | $\$ 22,366$ | $\$ 27,569$ | $\$ 23,926$ | $\$ 32,512$ |
| Male full-time median earnings | $\$ 31,622$ | $\$ 36,440$ | $\$ 33,284$ | $\$ 48,165$ |
| Persons below poverty level | $11.1 \%$ | $13.2 \%$ | $3.4 \%$ | $5.8 \%$ |
| Families below poverty level | $7.5 \%$ | $8.8 \%$ | $1.8 \%$ | $2.6 \%$ |
| People 65+ below poverty level | $11.0 \%$ | $16.5 \%-$ | $4.7 \%$ | $0 \%$ |
| Females below poverty level |  | $18.2 \% *$ |  | $8.2 \%$ |
| Males below poverty level |  | $14.2 \%$ |  | $3.5 \%$ |

Source: 2000 Census, 2018 ACS
*Data available showed $16.5 \%$ for age 65-75 and 18.2\% for age 75 and over.
Median Household Income Comparison: 2018

| Location | Median Income | Location | Median Income |
| :---: | :---: | :---: | :---: |
| State of Maine | $\$ 55,425$ | Androscoggin County | $\$ 51,412$ |
| Poland | $\$ 63,750$ | Auburn | $\$ 48,924$ |
| Casco | $\$ 68,480$ | Mechanic Falls | $\$ 56,169$ |
| Minot | $\$ 73,036$ | New Gloucester | $\$ 70,081$ |
| Otisfield | $\$ 58,936$ | Oxford | $\$ 49,702$ |
| Raymond | $\$ 72,257$ |  |  |

Source: American Community Survey

## Household Income Ranges: 2018 (estimated)

|  | Households | Families | Married-couple <br> Families | Nonfamily <br> Households |
| :--- | :--- | :--- | :--- | :--- |

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| Number | 2,315 | 1,508 | 1,272 | 807 |
| :---: | :---: | :---: | :---: | :---: |
| Less than \$10,000 | 2.7\% | 1.1\% | 0.0\% | 7.7\% |
| $\begin{aligned} & \$ 10,000 \text { to } \\ & \$ 14,999 \end{aligned}$ | 2.7\% | 0.0\% | 0.0\% | 7.7\% |
| $\begin{aligned} & \$ 15,000 \text { to } \\ & \$ 24,999 \end{aligned}$ | 9.3\% | 3.3\% | 3.1\% | 19.8\% |
| $\begin{aligned} & \$ 25,000 \text { to } \\ & \$ 34,999 \end{aligned}$ | 9.8\% | 11.8\% | 11.6\% | 9.8\% |
| $\begin{aligned} & \$ 35,000 \text { to } \\ & \$ 49,999 \end{aligned}$ | 13.7\% | 8.0\% | 7.1\% | 20.4\% |
| $\begin{aligned} & \$ 50,000 \text { to } \\ & \$ 74,999 \end{aligned}$ | 26.9\% | 33.5\% | 32.8\% | 17.1\% |
| $\begin{aligned} & \$ 75,000 \text { to } \\ & \$ 99,999 \end{aligned}$ | 16.2\% | 21.0\% | 20.2\% | 5.9\% |
| $\begin{aligned} & \$ 100,000 \text { to } \\ & \$ 149,99 \end{aligned}$ | 10.4\% | 11.8\% | 14.0\% | 6.8\% |
| $\begin{aligned} & \$ 150,000 \text { to } \\ & \$ 199,999 \end{aligned}$ | 4.7\% | 6.1\% | 7.2\% | 2.0\% |
| \$200,000 or more | 3.8\% | 3.4\% | 4.1\% | 2.7\% |
| Median income | \$63,750 | \$69,191 | \$72,738 | \$36,467 |
| Mean (Average) income | \$70,787 | \$79,271 | N/A | \$50,694 |

Source: American Community Survey

## SEASONAL POPULATION

Seasonal summer population is a significant factor in Poland's population characteristics. The land surrounding the Town's lakes and ponds has long been the site of seasonal dwellings and second homes. In 2010 there were as many as 426 second or seasonal homes. In recent years there has been a trend towards seasonal residents becoming permanent residents in Poland as they age or retire to their summer homes. In 2020, the town saw an influx of people arriving early and staying late or even through the winter at their seasonal homes becoming year-round residents due to Covid-19. It is unclear how permanent this change will be. There are several campgrounds with a total of more than 300 RV and camping sites. In addition, the boys and girls summer camps add a significant number to Poland's summer population including the campers and staff.

## POPULATION PROJECTIONS

Anticipating population change is an integral part of the comprehensive planning process. Depending on future population characteristics, various community needs and facilities can be identified. It should be understood, however, that predicting population at the town level with great accuracy is difficult.

Population change is the result of two primary factors; natural increase and migration. Natural increase is derived from the number of births minus the number of deaths over a specific period. Migration is the number of persons moving into or out of a community over a period of time. Poland's natural increase in population is still a factor in growth, but migration of people into town continues to be a bigger factor.

The 2036 year-round population projection prepared by State of Maine Office of Policy \& Management for Poland is approximately 6,272 . Factors that will contribute to population trends include changes in the local and regional economies that create or displace jobs, remote work opportunities, energy cost and housing costs, and changes in values for where people want to live (such as preferring rural to urban living). These factors cannot be determined with any reliability and will require watching.

For the purposes of the comprehensive plan, it is expected that the 2036 year-round resident population for Poland will be in the range of $5,900-6,300$.

Comparative Population Projections: 2021-2036

|  | 2010 <br> Decennial | 2021 | 2026 | 2031 | 2036 | $\begin{gathered} \text { \% Change } \\ \text { (2010-- } \\ \text { 2036) } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Auburn | 23,055 | 23,105 | 23,248 | 23,301 | 23,286 | 1\% |
| Casco | 3,742 | 3,970 | 4,049 | 4,113 | 4,161 | 11.2\% |
| Mechanic Falls | 3,031 | 2,978 | 2,968 | 2,946 | 2,915 | -3.8\% |
| Minot | 2,610 | 2,579 | 2,575 | 2,560 | 2,538 | -2.8\% |
| New Gloucester | 5,542 | 5,784 | 5,852 | 5,895 | 5,916 | 6.7\% |
| Otisfield | 1,770 | 1,730 | 1,707 | 1,682 | 1,652 | -6.7\% |
| Oxford | 4,110 | 3,946 | 3,864 | 3,778 | 3,680 | -10.5\% |
| Poland | 5,376 | 5,746 | 5,942 | 6,116 | 6,272 | 16.7\% |
| Raymond | 4,436 | 4,504 | 4,499 | 4,475 | 4,433 | -.07\% |
| Androscoggin Co. | 107,702 | 107,968 | 108,579 | 108,770 | 108,643 | 0.9\% |
| State of Maine | 1,328,361 | 1,335,260 | 1,340,463 | 1,341,046 | 1,337,568 | 0.7\% |

Source: Maine Office of State Economist

