

Business Name	Mailing Address Line 1	Mailing Address Line 2	Location Phone	Website	E-Mail Address
457 Distilled Spirits	457 Maine St.	Poland, ME 04274	207-576-1553		
A. Perron Contracting, LLC	40 Jackson Rd.	Poland, ME 04274	207-577-1829		amgp72@yahoo.com
A Touch of Zen Theapeutic Massage	650 Megquier Hill Rd.	Poland, ME 04274	207-402-8654	www.touchofzenmassage.amtamembers.com	atouchofzenmassage@aol.com
Accounting Solutions for Small Business	232 Jackson Rd.	Poland, ME 04274	207-998-3024		jdevlinbolduc@twc.com
Adaptive Movement Services, PA	295 Summit Spring Rd.	Poland, ME 04274	207-998-2437	www.summitspringholistichealth.com	unisoul@fairpoint.net
Affordable Homes, Inc.	Poland Corner Rd. & Tripp Lake Rd.	Poland, ME 04274	207-998-3236		lwelch@roadrunner.com
Agassiz Village	71 Agassiz Village Ln.	Poland, ME 04274	207-998-4340	www.agassizvillage.org	
Alternative Sprinkler Fire Protection	39 Jackson Rd.	Poland, ME 04274	207-838-8930		banker39@roadrunner.com
Big Apple #1096 (CN Brown Company)	1510 Maine St.	Poland, ME 04274	207-998-4883	www.cnbrown.com	info@cnbrown.com
Big Apple #1120 (CN Brown Company)	386 Maine St.	Poland, ME 04274	207-998-3451	www.cnbrown.com	info@cnbrown.com
Big Twig Homes	588 Bakerstown Rd.	Poland, ME 04274	207-576-5500		meredith@bigtwighomes.com
Bob & Lou Associates - Hold that Child	573 North Raymond Rd.	Poland, ME 04274	207-998-2211		mmerrill25@twc.com
Boyd's Learning Daycare	400 Plains Rd.	Poland, ME 04274	207-998-2860		loveboyd123@yahoo.com
Brookdale Village, LLC	Hardscrabble Rd.	Poland, ME 04274	207-576-5351	www.mainesourcehomes.com	mark@mainesource.com
C & D Storage	377 Hardscrabble Rd.	Poland, ME 04274	207-212-1040		
Camp Connor - YMCA of Auburn - Lewiston	70 Connor Dr.	Auburn, ME 04210	207-795-4095		swallace@alymca.org
Camp Tall Pines (Special Olympics)	37 Lakewood Ln.	Poland, ME 04274	207-998-4680	www.somaine.org	philg@somaine.org
Chipman Farm, Inc.	15 No. 5 Rd.	Poland, ME 04274	207-740-2525		chipmanfarm@fairpoint.net
Clinical Metrics, LLC	79 Cobb Rd.	Poland, ME 04274	207-998-5522	www.clinicalmetrics.com	wsalomon@clinical-metrics.com
Creative Minds Daycare	65 Everett Rd.	Poland, ME 04274	207-513-0123		creativehomedaycare12@gmail.com
Cyndi's Dockside Restaurant	640 Maine St.	Poland, ME 04274	207-998-4351	www.dockside.me	crobbsins@fairpoint.net
Detail 207	4 Timber Ln.	Poland, ME 04274	207-650-6880		connordetail207@gmail.com
Diamond Property Management	327 Hardscrabble Rd.	Poland, ME 04274	207-998-4428		toulette@mac.com
Double M Equine Services	97 White Oak Hill Rd.	Poland, ME 04274	207-515-1163	www.oakhillequestriancenter.com	oakhillcenter@gmail.com
Double R Crane Services, Inc.	133 Cleve Tripp Rd.	Poland, ME 04274	207-998-4474	www.doublercrane.com	susan@doublercrane.com
Duchette Insurance Agency, Inc.	22 East Record Rd.	Poland, ME 04274	207-998-2523		duchetteins@aol.com
E2 Crafts	632 Plains Rd.	Poland, ME 04274	207-576-7351		e2crafts@roadrunner.com
Ellis Endeavors	1216 Maine St.	Poland, ME 04274	207-749-7833		mikeellis1216@gmail.com
Erland M. Torrey & Sons	119 Torrey Rd.	Poland, ME 04274	207-998-4807		erlandtorrey@gmail.com
Fairlawn Golf Course	388 Empire Rd.	Poland, ME 04274	207-998-4277	www.fairlawngolf.com	dbart1980@aol.com
Ferland Farms	193 Hardscrabble Rd.	Poland, ME 04274	207-212-1040		
First Light Wildlife Consulting	54 Chickadee Ln.	Poland, ME 04274	207-312-1503		firstlight4wildlife@gmail.com
Gathering Winds Farm	42 Roberts Dr.	Poland, ME 04274	207-650-6974	www.gatheringwindsfarm@cimaine.com	gatheringwindsfarm@gmail.com
Grand Falls Mortgage Corp	133 Birch Dr.	Poland, ME 04274	207-576-3897	www.grandfallscorp.com	grandfallsinc@gmail.com
Growing Kompassion	33 Range Rd.	Poland, ME 04274	207-330-5718		growingkompassion@gmail.com
Harmon & Co., Inc.	62 Lane Rd.	Poland, ME 04274	207-998-8100		annette.harmon@gmail.com
Hutada Environmental Consulting	226 Schellinger Rd.	Poland, ME 04274	207-504-0347		kerrie.beckett@yahoo.com
Integrity Services of Maine	862 Maine St.	Poland, ME 04274	207-212-7754	www.integrityservicesofmaine.com	
J.M. Morin Earthworks, Inc.	112 Mechanic Falls Rd.	Poland, ME 04274	207-689-3478	www.jmmorin.com	jeff@jmmorin.com
James F. Weigand, DDS	364 Maine St.	Poland, ME 04274	207-998-4587		
John R. Ellis Plumbing & Heating	50 Everett Rd.	Poland, ME 04274	207-998-5448		jellis@fairpoint.net
Jones Associates, Inc.	280 Poland Spring Rd.	Auburn, ME 04210	207-998-5242	www.jonesai.com	miones@jonesai.com
Kimball Logging & Firewood	78 Herrick Valley Rd.	Poland, ME 04274	207-998-2751		
Lakeview Crafts	177 Megquier Hill Rd.	Poland, ME 04274	207-998-4273		jmayg55@aol.com
Laskeys Marine Repair LLC	70-76 Megquier Hill Rd.	Poland, ME 04274	207-998-4227		laskey9347@roadrunner.com
Little Jewells Daycare Facility	46 Poland Corner Rd.	Poland, ME 04274	207-998-4788		
Loon Cry Creations	121 Birch Dr.	Poland, ME 04274	207-998-2960		polandpat@aol.com
Maine Grown LLC	90 Bailey Hill Rd.	Poland, ME 04274	207-620-3928	www.mainegrown.online	nick@mainegrown.farm
Maine Springs	853 Maine St.	Poland, ME 04274	609-502-1844		johnj1103@yahoo.com
Merus Moon	6 Young Ln.	Poland, ME 04274	207-831-1139	www.merusmoon.com	romano.alison@me.com
Michel Fleury Construction	401 Poland Corner Rd.	Poland, ME 04274	207-998-2629		mbfleury@outlook.com
Moose Alley Dave Care Campus, Inc.	99 Bailey Hill Rd.	Poland, ME 04274	207-998-4898		moosealley@fairpoint.net
Mr. Chips	912 Empire Rd.	Poland, ME 04274	207-557-8241	www.mrchipscustoms.com	chipssign@aol.com
Nestle Waters North America - Poland Spring Bottling Company	109 Poland Spring Dr.	Poland Spring, ME 04274	207-998-4315	www.nestle-watersna.com	chris.mckenna@waters.nestle.com
New England Plumbing & Heating Inc.	133 Birch Dr.	Poland, ME 04274	207-576-3897	www.nepandh.com	deb@nepandh.com
Northeast Bank	1399 Maine St.	Poland, ME 04274	207-998-3475	www.northeastbank.com	

Oldcastle Lawn & Garden, Inc.	481 Springwater Rd.	Poland, ME 04274	207-998-5580		
Panacea - Holistic Health	417 Bailey Hill Rd.	Poland, ME 04274	207-713-7872		adamh031589@gmail.com
Peace of Mind Childcare	1247 Maine St.	Poland, ME 04274	207-998-3488		boopa_davis@yahoo.com
Perry Transport, Inc.	4 Spring Water Rd.	Poland, ME 04274	207-998-6061	www.perrytransportinc.com	pperry@perrytransportinc.com
Pete's Garage, Inc.	165 Cleve Tripp Rd.	Poland, ME 04274	207-998-4813		
Pheasant Run LLC (Subway)	1385 Maine St.	Poland, ME 04274	207-998-3308		newgman34@gmail.com
Poland Animal Hospital	1197 Maine St.	Poland, ME 04274	207-998-2444	www.polandanimalhospital.com	polandvet@gmail.com
Poland Crossing Llc/Dunkin Donuts	1385 Maine St	Poland, ME 04274	207-998-3171		kevin.pacheco79@gmail.com
Poland Hair Care	1251 Maine St.	Poland ME, 04274	207-689-1696		
Poland Mining Camps	34 Groves Ln.	Poland, ME 04274	207-998-2350		
Poland Spring Campground	128 Connor Ln.	Poland, ME 04274	207-998-2151	www.polandspringcamp.com	dhwight@polandspringcamp.com
Poland Spring Resort	640 Maine St.	Poland, ME 04274	207-998-4351	www.polandspringresort.com	crobbins@fairpoint.net
Poland Spring Trading Post	481 Maine St.	Poland, ME 04274	207-998-2806		northern_springs@hotmail.com
Powell Heating Services, Inc.	128 Verrill Rd.	Poland, ME 04274	207-998-4654		powellheating@fairpoint.net
Precision Builders, General Contractor LLC	327 Verrill Rd.	Poland, ME 04274	207-998-4428	www.precisionbuildersme.com	john@precisionbuildersme.com
Pro - Tech Refrigeration	400 Plains Rd.	Poland, ME 04274	207-777-5600	www.pro-techrefrigeration.com	protechrefrigeration1@yahoo.com
Range Pond Campground	94 Plains Rd.	Poland, ME 04274	207-998-2624	www.rangepondcamp.com	thepolandyoungs@roadrunner.com
Ray Construction	70 Chickadee Ln.	Poland, ME 04274	207-998-7081		
Refuel Energy LLC	6 White Oak Hill Rd.	Poland, ME 04274	207-998-3835	www.refuelenergyllc.com	abolduc@refuelenergyllc.com
Richard Bader Physical Therapy	1395 Maine St.	Poland, ME 04274	207-998-5493	www.rbpt.com	beth@rbpt.com
S & B Redemption	1220 Maine St.	Poland, ME 04274	207-212-0034		sandyjean17@roadrunner.com
Safe Approach Inc.	206 Mechanic Falls Rd.	Poland, ME 04274	207-345-9900	www.safeapproach.com	rogerd@safeapproach.com
Shaker Hill Outdoors - NIROM, Inc.	271 Maine St.	Poland, ME 04274	207-998-5390	www.shakerhilloutdoors.com	shakerhillpower@aol.com
Shear Logix	90 Dunn Rd.	Poland, ME 04274	207-998-5678		
Strout Marine Services	5 Tripp Lake Camp Rd.	Poland, ME 04274	207-998-4285		stroutmarine@yahoo.com
Swallowtail Gardens	266 Summit Spring Rd.	Poland, ME 04274	207-333-1130	www.swallowtailmaine.com	becky@swallowtailmaine.com
T-Unit, LLC	2 Welch Ln.	Poland, ME 04274	207-312-9876		tunitllc@yahoo.com
Tania's Hair Salon	386 Megquier Hill Rd.	Poland, ME 04274	207-998-2509		
Toasted Bakery	152 Colbath Rd.	Poland, ME 04274	207-312-2721	www.toastedbakery.com	emily@toastedbakery.com
Top Gun of Maine	481 Maine St.	Poland, ME 04274	207-998-2806	www.topgunofmaine.com	topgunofmaine@hotmail.com
Trashy Women Rubbish Removal	PO Box 10	Poland, ME 04274	207-998-3128	www.trashywomenrubbishremoval.com	trashywomenrubbishremoval@gmail.com
Untamed Violets Photography	1184 Maine St. Unit 2	Poland, ME 04274	207-513-6339	www.untamedvioletsphotography.com	untamedvioletsphotography@yahoo.com
Verrill's Vegetable Stand	270 Bailey Hill Rd.	Poland, ME 04274	207-998-2301		sverrill@roadrunner.com
What's Up Docks LLC	955 Maine St.	Poland, ME 04274	207-998-8237		whatsupdocks@gmail.com
Whisper Wind Farm	188 Brown Rd.	Poland, ME 04274	207-212-6875		
Wishing Well Storage	112 Everett Rd.	Poland, ME 04274	207-998-2031		nprattknowlton@gmail.com
Wolf Cove Inn	5 Jordan Shore Dr.	Poland, ME 04274	207-998-4976	www.wolfcoveinn.com	info@wolfcoveinn.com